



Sylt meets Kenya – Your full package

For 2590 EUR you will receive from us:

- ☞ Accommodation in a 45 sqm apartment with sleeping- and living area as well as a kitchenette in the 4.5* TUI BLUE Sylt Hotel at double occupancy
- ☞ 7x BLUEfit breakfast buffet with smoothies, slow juices, overnight oats and more
- ☞ 6x gourmet dinners in buffet form including a wok and pasta station or as a barbecue or 3-course menu including a selection of alcoholic and non-alcoholic drinks
- ☞ 1x participation at a Kenyan dinner with show cooking and Kenyan tea
- ☞ Fit-Cocktail-Welcoming and get-together on the day of arrival
- ☞ 24 hours free water, hot drinks and healthy snacks such as fruits and light sandwiches
- ☞ Use of all wellness facilities with saunas, steam bath, jacuzzi and indoor pool
- ☞ Participation in all TUI BLUE fitness programs such as Pilates, functional training and yoga classes
- ☞ Continuous support from vitafit running staff and vitafit running top athletes
- ☞ 2x daily opportunity to run with the top athletes or alternative training
- ☞ 2x fitness session “Body Stabilization training for runners” with a professional fitness coach
- ☞ trendy functional shirt from an international sports brand
- ☞ 1 set of Sponser isotonic sports drinks and energy bars
- ☞ 1 value voucher from Zippls Läuferwelt running store at Sylt
- ☞ Complementary BIB number for participation in the 10k run around the Rantum Basin
- ☞ Certificate of Participation and gift

You only have to come up for the following on site:

- ☞ Local resort and tourism tax (approx. 3.50 EUR/day)
- ☞ Parking, if requested (approx. 5 EUR/day)
- ☞ Personal expenses such as additional drinks and spa treatments
- ☞ Participation in cycling excursions
- ☞ Kenyan Sports Massage (25 EUR / 30 min Session)
- ☞ Daily full refreshment of the apartment, if wished (approx. 22 EUR/day)

Come alone or bring your friends:

Would you like to share your room with your running friends? Or will your family accompany you? We have the right offer for everyone and while you run and your children enjoy the award-winning TUI BLUE childcare, your partner might relax with a walk on the beach or in the spacious spa.

- ☞ Single room occupation surcharge: 59 EUR/day
- ☞ Friends or partner not participating in running and training: EUR 59/day
- ☞ Accompanying children up to 14 years: 29 EUR/day

